



HKFC Mini Hockey

2011/ 2012 Season

Saturday 27th August 2011



禁止吸烟
No Smoking



AGENDA

- ▶ **Hockey @ HKFC**
- ▶ **Mini Hockey overview**
- ▶ **Age groups**
- ▶ **Coaching**
- ▶ **Training**
- ▶ **Costs**
- ▶ **Kit**
- ▶ **Key dates**
- ▶ **Codes of Conduct**
- ▶ **Information & Contacts**



Hockey @ HKFC

- ▶ **Largest sports section**
- ▶ **Senior Hockey**
 - 8 men's teams
 - 7 women's teams
- ▶ **Best hockey pitch in Hong Kong**
- ▶ **Hockey Section Committee**
 - Charles Poulton, Chairman
- ▶ **Development platform**
 - MINI (6 to 12) → YOUTH (13 to 18) → SENIOR
- ▶ **Current sponsors HFW and Links**



Mini Hockey Overview

- ▶ **Part of HKFC Hockey Section**
 - ▶ **156 registered Mini/Youth players during 2010/ 2011, +28%**
 - 46 Under 8
 - 46 Under 10
 - 40 Under 12
 - 24 Under 14
 - ▶ **6+ tournaments during the year**
 - ▶ **Professional and volunteer coaching staff**
 - ▶ **Focus on fun and skills development**
- ▶ **2011/ 2012 Committee**
 - ▶ **Chair – Neil Galloway**
 - ▶ **Kit – Deepali DeBlank**
 - ▶ **Coaching – Robert Barker**
 - ▶ **Tournaments – Fiona McGregor**
 - ▶ **Hockey Devt. – Simon Chapman**



Age Groups

- ▶ **Under 8 – Born 1 Sept 2003 to 31 Aug 2005**
- ▶ **Under 10 – Born 1 Sept 2001 to 31 Aug 2003**
- ▶ **Under 12 – Born 1 Sept 1999 to 31 Aug 2001**
- ▶ **Under 14 – Born 1 Sept 1997 to 31 Aug 1999**
- ▶ **Under 16 – Born 1 Sept 1995 to 31 Aug 1997**

- ▶ **No Under 6 Hockey – safety and skills**

- ▶ **Mini Hockey is mixed with Youth developing into boys and girls teams**

- ▶ **Children will be required to play in their correct age groups**



Coaching – Experienced team

- ▶ **Coaching Development Officer (Simon Chapman)**
 - Former NZ Hockey Development Coach
 - Hong Kong Hockey National Coach 2006/8
 - 2009 Hong Kong Development Coach of the Year

- ▶ **Coach Manager (Rob Barker)**
 - 24 volunteer coaches committed for 2011/ 12
 - Several A team players from Senior Section

- ▶ **“Coaching the coaches” programme**



Coaching - Aims

- ▶ **Create an inclusive, progressive and challenging programme of hockey self development in children**
- ▶ **Develop teamwork and sportsmanship**
- ▶ **Ensure a fun learning environment**



Coaching - Focus

- ▶ **Progressively develop 4 main areas of hockey skills**
 - **Technical**
 - basic movement and coordination
 - stick and ball control
 - **Tactical**
 - space, pace and time
 - attack and defend
 - **Physical**
 - balance, speed and strength
 - **Mental approach**
 - formation and structure, game plan, efficiency
 - set play, possession and recovery



Coaching plan 2010-11

HKFC Pathway to senior hockey

- ▶ **U8 / U10**
 - Saturday training, 2 hours, 4-6 tournaments, 26 sessions
- ▶ **U12/ U14/ U16**
 - Friday training, 2 hours, 4-6 tournaments (for U12), 26 sessions
 - Overseas tour to Singapore (for U12/ U14)
 - Competitive matches for U14/ U16
- ▶ **Coaches in Mini/ Youth Programme will be provided with Skills Training booklet for each week's session**



Coaching - 30 sessions

▶ Under 8

- Basic motor patterns and coordination of hockey skills
 - Grip, stance, stick, ball control, passing, receiving, tackling, game based training, simple rules and etiquette

▶ Under 10

- Coordination of hockey skills
 - As above, additional focus on teamwork, shooting, importance of space, pace and time, tackling and covering teammates. Set play and further rules, etiquette and tactics

▶ Under 12/ 14/ 16

- As above, developing into 9- and 11-a-side structure
 - Working as unit, focus on movement and speed to create goal scoring opportunities and defend effectively



Coaching - Coaches

U8

Head Coach

Rhona Barr

Coaches

Simon Chapman

Cyrus Law

Lytic Clarke

Catherine Gibbs

Anna Evans

U10

Head Coach

Oliver Spensley

Coaches

Neil Galloway

Gayle Davies

Timothy Loh

Gillette Lee

Chee Fai Ip

U12/ 14/ 16

Head Coach

Sam Hill

Coaches

Guv Dillon

James Woodrow

Laurette Gallagher

Justin Davidson

Clare Calderwood

Tom McLean

Rob Barker

Hannah Ripley

Annette Jenkins

Nicola Sawyer



Training

- ▶ U8 – Saturday 11am to 1pm
- ▶ U10 – Saturday 11am to 1pm
- ▶ U12/ 14/ 16 – Friday 5pm to 7pm
- ▶ 1st Training for U8/ U10 is Saturday 3rd September
- ▶ 1st Training for U12 is Friday 2nd September
- ▶ Approx 26 sessions + tournaments
- ▶ ALL PLAYERS MUST WEAR MOUTHGUARDS AND SHINPADS OR WILL NOT PLAY



Tournaments

▶ HKFC entering up to 4 teams per age group in growing number of Hong Kong Mini Hockey Tournaments

- HKFC
- Valley
- Shaheen
- GSIS All Stars
- KCC

▶ Over 450 players in 2010 HKFC tournament, the largest to date in Hong Kong





Touring

Hockey News



HKFC U12s take trophy



HKFC U14s take trophy

Teams who are as follows:

U12 –

Paul Callaway, Marco Rao, Alessandro Barlow, Ollie O'Leary, Tony Lawson, Harry Rowland, Oscar McLean, Michael Sheppardson, Ella Calderwood, Ianis Nollis, Eric van der Grint

U14 –

Annabelle Barlow, Pieter Murray-Brown, Zee McCowan, James Sheppardson, Victor Duff, Amy Hopkins, Lily Harris, Fiona Stevenson, Natalie Collins, Arthur Dallas, Frank Dren

HKFC Mini/ Youth Hockey Cleans Up in Singapore

With a squad of 22 children aged 10 to 14 HKFC Mini/ Youth Hockey headed off to Singapore on 14

September for our first ever overseas tour. As the first ever overseas tour the first regional mini/ youth hockey tournament has been. The tournament was organized by Singers Hockey Club in Singapore and lasted at the campus of United World College South East Asia (UWCSSEA). Participating clubs included Singers, UWC, Tangle-Tiger, Hollandse and HKFC with competitors across the U12 and U14 age groups. This was a first for all clubs organized through the initiative of Rob Barlow (HKFC) and Stewart Bamrah (Singers) with the aim of introducing our mini and youth players to touring and international hockey.

Unsurprisingly, the weather, the competition and the touring experience for some of our players was very hot, to say the least and a good show and gain experience for the future. The end result would all depend on:

Our U12 team won all their matches, their group and the overall U12 tournament, with Ollie O'Leary winning the MVP boy award of the U12 tournament. In achieving this they conceded only 1 goal in the whole tournament, despite not holding a keeper.

Our U14 team also won all their matches, their group and the overall U14 tournament, with James Sheppardson (a U12 player) and Annabelle Barlow, winning the MVP boy and MVP girl awards of the U14 tournament.

The U14s conceded only 1 goal during the tournament also without a keeper.

In summary our HKFC mini/ youth hockey squad took a clean sweep of all the silverware and 3 or 4 MVP awards for individual players on their first ever tour.

One of the highlights of the U12 tournament came down to the pool games against the Singers, where, despite being in the opposition half (indeed mostly in their D) for most of the game, we could not convert a goal. In the last minute of time, a long pass to Ryan Galloway, positioned in the goal, he took a shot and it went in. A moment of pure magic and a goal that secured the win. The match was a fantastic one of skill and performance from the whole team. After then getting on to beat the Dutch by one allowing them a chance to play the



HKFC teams take part in sports



well, with a 1-0 win, we faced a semi-final in the final. The Dutch came out fighting after a 20 minute gap after their coach's injury and regain the pride of Singaporean hockey. A really tough game that we 1-0 beat over HKFC, conceding our only goal of the tournament and proving as a rule up well to the team. On the return, Ollie O'Leary scored a quick goal to level the score and from then on, although a fierce game, HKFC was not going to leave without the silverware. After Ollie's equalizer, Michael Sheppardson scored a second, in what was probably the goal of the tournament – a rocket that sent the keeper on the ground just once an unbelieveably high angle just at the end. A final goal, scored the 3-1 win and the trophy.

In their midfield, shelling the ball from the D looking for a defender in. After what must have been THE inspirational half time talk from Captain HKFC came out and played what all the coaches believe was the best half of HKFC U12 hockey we have ever seen. Five goals from HKFC in quick succession took the Singers scoring and despite a last counter to take the final score to 6-2 they had nothing to answer. The final against Singers was almost a repeat match although Singers appeared to have lost their nerve with their own All Stars line up. Unlucky and having just seen the U12 team the substitute, the U14s had no intention of going home with anything less than the trophy. They stuck to their game plan, didn't let the opposition get a



HKFC U12s team photo



HKFC U14s team photo



HKFC U12s player in action



HKFC U14s player in action

... our HKFC mini/ youth hockey squad took a clean sweep of all the silverware and 3 or 4 MVP awards for individual players on their first ever tour.

Everyday they were receiving and full credit to Ollie O'Leary for going back on this tour and off to the Netherlands. This kind of commitment was what all the players were giving in the heat. Overall, there was very strong defence throughout the tournament from Alessandro Barlow and Harry Woodrow, with Michael Sheppardson providing the link man in the middle to Oscar McLean (and other promising goal scorers), Ollie and Ella Calderwood up front.

The best of the U14 matches also came down to the pool games against Singers. HKFC was 0-1 down at half time to the determined team, with a 'big game' rating

goal out of play and several dominated possession. James Sheppardson was the goal machine of the day (multiple hat-tricks and with several stopping in to take the last pass, Shep was looking in serious trouble for the post tournament celebrations. Fantastic reverse stick skills from Frank O'Leary, an impressive distance from Annabelle Barlow (with 2 saves of the line at the final time are being played for our training video), and consistent passing for the ball from Zee McCowan hit all opportunities in the HKFC side. If there was any question of HKFC, looking up to the stars were parading by Stephanie Collins – having been told by a coach coach's big as Sam



HKFC U12 team photo



HKFC U14 team photo

On inaugural 2011 Singapore Tour, HKFC wins both U12 and U14 Tournaments and 3 of 4 individual player MVP awards.

HOCKEY



and always remembered for the first half of the tournament, their determination and way they fielded and defended the goal and the skills all around the opposition. To prove the coaches' trust stood and their difference to others. We left Hong Kong with a group of individuals and came back with more than 100 players, all fired up about where they would be meeting next year in the quest for more silverware.



Coaching Costs

▶ Full year fees

- HKFC Members (HK\$1400)
- Non-Members (HK\$1800)

▶ Mid year joiners (post January)

- HKFC Members (HK\$1000)
- Non-Members (HK\$800)



Kit

- ▶ All registered players will be required to play in HKFC kit (cost HK\$500). New kit for 2011/12



- ▶ Sticks, mouthguards, shin pads, bags, etc can all be purchased at HKFC Club Shop
- ▶ No studs on astroturf - astro boots or trainers



Key Dates

- ▶ **Friday 2nd September – U12/ U14/ U16 training start**
- ▶ **Saturday 3rd September – U8/10 training start**
- ▶ **Saturday 3rd September – Hockey BBQ**
- ▶ **Saturday 5th November – Hockey Section Photo**
- ▶ **Saturday 26th November – HKFC Mini Hockey Tournament**
- ▶ **Saturday 3rd December – Hockey Christmas Party**
- ▶ **24th-26th February – U12/ U14 Tour to Singapore**
- ▶ **Saturday 12th May – End of Season**



Codes of Conduct

▶ **Players**

- Fun, teamwork and sportsmanship

▶ **Parents**

- Encouragement and sportsmanship

▶ **Coaches**

- Fun, encouragement, inclusion, fair play and safety



Information & Contacts

Website: 

<http://www.hkfchockey.com/mini>

Email:

mini@hkfchockey.com

Coaches will contact players and parents by email, but the website will also be updated regularly

The screenshot shows the website interface for HKFC Mini Hockey. At the top right, there are login fields for 'Username:' and 'Password:', with links for 'FORGOT PASSWORD?' and 'Login', and a 'REGISTER ONLINE MEMBERSHIP' button. A navigation menu includes 'Home', 'News', 'Teams', 'Mini', 'Youth', 'Extrs', 'Photos', 'Enquiry', 'Committee/Captains', 'Docs', 'Sponsors', 'Hockey6s', and 'Classifieds'. Below the menu are logos for 'holman fenwick willan hfw' and 'Links MOVING www.linksmoving.asia'. The main content area is titled 'Mini Hockey Home' and features a sidebar with links to 'Mini News', 'Registration & Kit', 'Training', 'Committee/ Coaches', 'Festivals & Tournaments', 'Conduct', and 'Photos'. The main announcement reads: '2011/12 MINI/ YOUTH HOCKEY REGISTRATION DAY SATURDAY 27 AUGUST 2011 HAPPY VALLEY SUITE, HKFC'. The registration times are: '9am to 10am - Under 8', '10am to 11am - Under 10', and '11am to 12 noon - Under 12/ 14/ 16'. A note states: 'Players and parents invited to attend. Presentation on the upcoming season and new kit will be available for distribution, together with an opportunity to meet the coaching team.'

